

CERTIFICATE OF PARTICIPATION

This is to certify that

Thabisile Mbake

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 01:33:27

PACE 09:19/km

**GENDER 298 of
454**

OVERALL 543 of 765

**SENIOR (20- 163 of
39) 244**



26 October 2019, Sat

Date

BoutTime

Signature

